

*joyous*

# Introducing Joy Days



# joy DAYS

JANUARY

F S S

01 02 03  
07 08 09 10  
14 15 16 17  
21 22 23 24  
28 29 30 31

MAY

T F S S

01 02  
05 06 07 08 09  
12 13 14 15 16  
19 20 21 22 23  
26 27 28 29 30

SEPTEMBER

W T F S S

01 02 03 04 05  
07 08 09 10 11 12  
14 15 16 17 18 19  
22 23 24 25 26

FEBRUARY

M T W T F S S

01 02 03 04 05 06 07  
08 09 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28

JUNE

M T W T F S S

01 02 03 04 05 06  
07 08 09 10 11 12 13  
14 15 16 17 18 19 20  
21 22 23 24 25 26 27  
28 29 30

OCTOBER

M T W T F S S

01 02 03  
04 05 06 07 08 09 10  
11 12 13 14 15 16 17  
18 19 20 21 22 23 24  
25 26 27 28 29 30 31

MARCH

M T W T F S S

01 02 03 04 05 06 07  
08 09 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

JULY

M T W T F S S

01 02 03 04  
05 06 07 08 09 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

NOVEMBER

M T W T F S S

01 02 03 04 05 06 07  
08 09 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30

APRIL

M T W T F S S

01 02 03 04  
05 06 07 08 09 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30

AUGUST

M T W T F S S

01 02 03 04 05 06 07 08  
09 10 11 12 13 14 15  
16 17 18 19 20 21 22  
23 24 25 26 27 28 29  
30 31

DECEMBER

M T W T F S S

01 02 03 04 05  
06 07 08 09 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30 31

Joy Days are six extra long weekends: in March, May, July, August, September, and November.

# Joy Days are designed to build connections

We would like you to share your Joy Day by posting a photo on the #joyday Slack channel

Joy Days give us opportunities to connect that we might otherwise not have had. You might discover someone else shares your interest, or you could end up having a really fascinating conversation about someone else's hobby. Joy Days are for doing the things you love, sharing those things with the team, and learning a bit more about each other in the process.

Inclusivity is a big part of Joyous culture. Whatever you choose to do, you absolutely should feel comfortable sharing it with the team. Don't feel like you have to do something impressive or virtuous. You don't even have to get out of bed. :D



# Joy Days aren't intended for work stuff

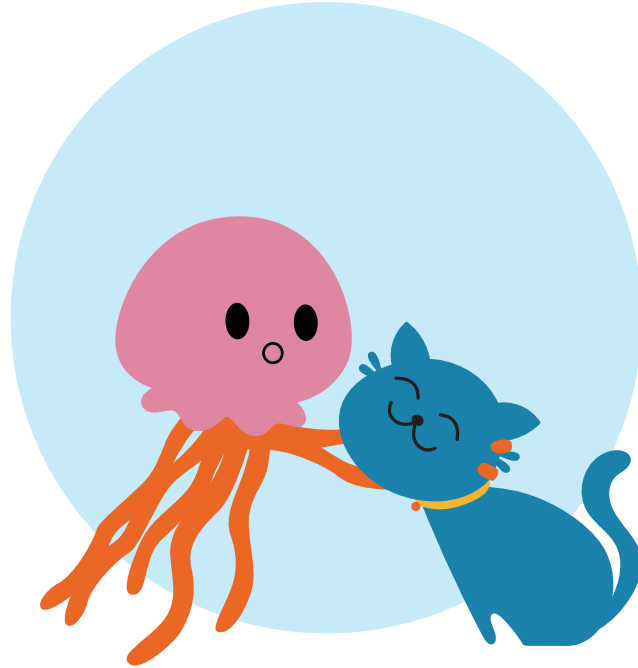
Some people will work on a Joy Day and take the next Monday off instead. This is all detailed on Notion.

Aside from that scenario, Joy Days aren't for working.

There won't be any mandatory team building exercises. If you do decide to spend the day with someone else from work, have fun! But nobody is expected – or will be required – to participate in group activities.

Likewise, Joy Days aren't intended for professional development. That's a different conversation entirely...





So what might you  
do on your Joy Days?

Anything you like





Literally anything  
(legal)





Pat all the neighbourhood cats  
and post reviews on Instagram





Get geared up for a  
movie marathon



Learn to unicycle



Paint a mural on  
your bedroom wall



Go stag to a trashy romcom and don't share  
your popcorn and M&Ms with anyone  
because it's JOY DAY and you don't have to

Go forth and... joy.  
Details are on Notion.

